

# House News

Empowering Female Leaders of Tomorrow

Summer 2021

Issue 1

## UPCOMING EVENTS

Girls Rising Webinar-  
"Falling in Love with You"

September 18

BH Yard Sale

September 25

Fish Fry

October 23

Thanksgiving Holiday

Schools closed November 24-26

## *Budding Thespians Having Fun at Summer Camp!*



As we adapt to a world challenged with COVID-19, we strive to provide some normalcy and constructive, empowering programs such as our recent Drama themed Summer Camp program. Over the course of five weeks, the girls who participated in our program forged new friendships while engaging in various activities and adventures.

Some of the highlights of our first week of camp featured a field trip to Main Event where the girls got to participate in bowling and laser tag. As part of the theme of drama, the girls played a team based name dance, discussed observation and keeping journals, and discussed how theatre is about experience. This week was also filled out with fun improvisation games and story building exercises.

In the second week of Summer Camp, the girls were engaged with activities such tongue twisters, and exercises that separate the body from the voice where they played either arms, or bodies, or voices. The girls got to work building scenes, making masks, and applying what they've been learning about staging while playing more games. The girls had a talent show to round out the week, and for a fun distraction, the girls went rollerskating.

For week three, the girls learned about and composed their own haiku poems, had fun with more tongue twisters, and kept a journal of their experiences in camp while learning about the importance of observation. The girls also learned about how biographies are the stories of people and



*The girls gathered for a group photo outside of the First Black History Wax Museum*



En garde! Sword fighting lessons with foam swords

what stories we might like to tell or see. They even got to learn a little about sword fighting! This week was rounded out with a field trip to the African American Wax Museum.

In week four, the girls received a music/vocal lesson from a former opera singer, and discussed what it means to be a superhero. In preparation for the drama show, the girls scouted the grounds for an ideal location for the stage and planned out make-up and costumes. For fun, they played a variety of games such as Freeze Tag, Night at the Museum. Rounding out the week, was a field trip where the girls got to ride horses and try their skill with archery.

On our final week of summer drama camp, the girls learned about the play, 'Running on Glass' by Cynthia Cooper. This play features six different amazing female athletes. They also did a lot of prep and build up for the drama show- building and painting the stage, costumes and makeup, and lots and lots of rehearsals! Balancing hard work with fun, the girls got to play more games, and then it was on to the big show!

**A special shout out to Paula Cage, Robin Edwards, Carol Nash, and the Venus Theatre without whom the camp would not have been a success.**



Fun riding horses!



Taking aim with archery practice



The stage is set and our young thespians take center stage



The girls of Bernadette's house enjoy the fruits of their labor after learning about drama for the past few weeks. Looking great in their costumes and makeup, and putting on a great show.



A captive audience for the budding performers



## Preparing Back-to-School in the Age of COVID-19

We were thrilled to have with us key guest speaker, for our first Girls Rising Event, as Dr. Elaine Barclay on August 28th.

Dr. Barclay is a licensed mental health counselor and joined us to give some insight on preparing for returning back to school in the COVID-19 world.

Don't let your girls miss out on the opportunity to attend future events.

Check out our Girls Rising posts on our Facebook page (<https://www.facebook.com/BernadettesHouse>) for more information.

**GIRLS RISING**  
Program

**INTRODUCING**  
Key Guest Speaker

"Preparing for  
Back-To-School In  
The Age of  
COVID-19"

**DR. ELAINE BARCLAY**

bernadette's house  
empowering females  
inspired by Bernadette

**Back to School**

"The beautiful thing about learning is that no one can take it away from you."  
- B.B. King

**AUGUST GIRLS RISING WEBINAR "PREPARING BACK-TO-SCHOOL IN THE AGE OF COVID-19"**

MEMBERS FREE NONMEMBERS \$20

BE PREPARE FOR ENGAGING AND FUN TAKEAWAYS WITH TOOLS AND TIPS TO USE ON YOUR RETURN BACK TO SCHOOL

WHEN: AUGUST 28, 2021  
WHERE: ZOOM REGISTER ON EVENTBRITE  
TIME: 11-1PM

SPECIAL SPEAKER:  
ALIYAH WILLIAMS, JAMIE DRAYTON & NATASHA PRATT

[HTTPS://WWW.EVENTBRITE.COM/E/BERNADETTE'S-HOUSES-GIRLS-RISING-AUGUST-WEBINAR-PREPARING-BACK-TO-SCHOOL-TICKETS-165144486405](https://www.eventbrite.com/e/bernadettes-houses-girls-rising-august-webinar-preparing-back-to-school-tickets-165144486405)



## Outdoor Movie Nights

*Outdoor Movie Night*

*Movie*  
Cinderella  
(Starring: Brandy)

*Time*  
8:15 pm - 10:00 pm

*Location*  
306 Montgomery St.  
Laurel, MD

**SATURDAY, AUGUST 21ST**  
**BRING A CHAIR & BLANKET**

\*NOTE: THIS IS A FREE EVENT.  
DONATIONS ARE ACCEPTED ON OUR WEBSITE.  
ALL PROCEEDS  
BENEFIT BERNADETTE'S HOUSE PROGRAMMING

Over the summer, Bernadette's House held a few special outdoor movie nights.

On May 15th, we watched Disney's "Soul". On August 21st, our families gathered to watch "Rodgers and Hammerstein's Cinderella".



## Board & Brush Fund Raiser

Bernadette's House sponsored a fundraiser through the Board & Brush Creative Studio in Columbia MD on Thursday, August 12th. This unique fundraiser stimulated the creative muses in all those that attended as we got to create beautiful, personalized accent pieces. Our founder, Carol Nash pictured with some of our other participants, created lovely pieces to proudly display in their homes.



### *We have work to do!*

By making a tax-deductible donation now, you can help us to continue our most critical programs in the upcoming year. Please visit our website [www.bernadetteshouse.org](http://www.bernadetteshouse.org), and click the "Donate Now" button.



Bernadette's House would like to take the time to give a s/o to CHRISTIAN PULLEY and the City of Laurel for their continued support.

With her new appointment to Deputy City Administrator, on May 10, 2021, she becomes the first African American woman to hold this position in the history of the City of Laurel!

Thank you, Ms. Pulley, for setting the example for our BHGirls, thank you for taking the time to encourage us all, and thank you for walking the talk!



A note of appreciation to all of our anonymous donations through facebook.